



< NAME >

is supporting Aberdeen Cyrenians this Harvest

Please help if you can by donating some of these much needed items

- Tinned meat
- Tinned & cup soups
- Baked beans
- Instant & pot noodles
- Instant pasta meals
- Pasta sauces
- Tea bags & coffee
- Porridge & cereals
- Biscuits & cereal bars
- Tinned puddings
- Fresh fruit & veg
- Tinned fruit & veg

Your donation can be dropped off at

< LOCATION >

By the

< DATE >

Thank you for your support

aberdeen cyrenians